

## **Pelham Council on Aging Meeting Minutes**

October 14, 2020

Location: Outdoors at the Pelham Library

**Call to order:** 3:04 PM

**Members present:** Kathy Martell, Isabel Ryavec, Nancy Rose Weeber, Grace Dane, Tracy Osbahr

**Guests:** none present

Each participant identified herself by name before offering a motion and when voting on motions.

**Warrant:** Items approved on this month's warrant were \$450 for postage and \$50 for birthday cards for Pelham seniors.

**Minutes:** Minutes of September 10, 2020 were approved as written. Tracy will send a copy of COA minutes directly to Town Clerk Sandra Burgess after they are approved from now on. She will check with Sandra to ensure that all of the last fiscal year's minutes are on file with her.

**Flu Clinic Discussion:** Although the Council had planned to send postcards to Pelham seniors informing them there would be no COA sponsored clinic this year and identifying locations where they might be vaccinated, the delay in obtaining mailing labels for town residents derailed a timely mailing. Kathy will submit a notice to be posted on the COA website that encourages seniors to seek out flu vaccine at their primary care providers offices or at local pharmacies/mini clinics.

**Discussion of Future Events:** The COVID pandemic precludes any events involving group gatherings for the foreseeable future. COA members agreed that a letter should be drafted to Pelham seniors that acknowledges the challenges of the shutdown and invites recipients to contact a COA member if they felt the need to talk with someone or had requests for assistance. The draft will be finalized at the next meeting.

**Discussion re: Pelham Senior Survey:** COA members should review the draft survey and be prepared to discuss it at the next meeting.

**Meal Deliveries:** Tom Terault has volunteered to pick up and deliver Survival Center and Brown Bag meal deliveries for Pelham residents. Kathy is orienting him to the routes and required safety precautions. COA members voted to authorize a \$50/month stipend to Mr. Terault in appreciation for this effort. Meals on Wheels deliveries continue to be provided by Virginia Servos, Tilman Lucas, and Kathy Martell each week.

**MA Council on Aging Fall Conference 2020:** Nancy volunteered to attend this virtual conference this year as it provides useful CEUs and will bring relevant information back to the Council. It is scheduled for Oct. 19-23rd. Nancy will send detailed information to COA members in case anyone else is interested in participating.

**Next Meeting: Nov. 18, 2020 at 4:00 via Zoom**

Kathy will bring information about the "My Senior Center" platform for the group's consideration..

The meeting was adjourned at 4:28 PM

Submitted by Tracy Osbahr